

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
ANTHEM SELECT			
Basic(B)			
Retiree only	\$831.44	\$695.93	\$135.51
Retiree & 1 dep.	\$1,662.88	\$1,391.85	\$271.03
Retiree & 2+ deps.	\$2,161.74	\$1,809.41	\$352.33
ANTHEM TRADITIONAL			
Basic(B)			
Retiree only	\$1,111.13	\$800.23	\$310.90
Retiree & 1 dep.	\$2,222.26	\$1,600.46	\$621.80
Retiree & 2+ deps.	\$2,888.94	\$2,080.61	\$808.33
Supplement/Managed Medicare (SM)			
Retiree only	\$357.44	\$322.90	\$34.54
Retiree & 1 dep.	\$714.88	\$645.80	\$69.08
Retiree & 2+ deps.	\$1,072.32	\$968.71	\$103.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,468.57	\$1,212.78	\$255.79
Retiree (SM), 2+ dep. (B)	\$2,135.25	\$1,746.71	\$388.54
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,381.56	\$1,179.73	\$201.83
Retiree (B) , 1 dep. (SM)	\$1,468.57	\$1,212.78	\$255.79
Retiree (B) , 2+ deps. (SM)	\$1,826.01	\$1,535.68	\$290.33
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$2,135.25	\$1,746.71	\$388.54
* BLUE SHIELD ACCESS +			
Basic(B)			
Retiree only	\$970.90	\$664.96	\$305.94
Retiree & 1 dep.	\$1,941.80	\$1,329.92	\$611.88
Retiree & 2+ deps.	\$2,524.34	\$1,728.90	\$795.44
HEALTH NET SMARTCARE			
Basic(B)			
Retiree only	\$901.55	\$657.30	\$244.25
Retiree & 1 dep.	\$1,803.10	\$1,314.60	\$488.50
Retiree & 2+ deps.	\$2,344.03	\$1,708.99	\$635.04

* Blue Shield Access + is no longer available for the following counties: Alameda, Contra Costa, Marin, San Francisco, San Mateo, Santa Clara, Solano, and Sonoma.

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
CONTRA COSTA HEALTH PLAN			
Basic(B)			
Retiree only	\$1,034.68	\$732.64	\$302.04
Retiree & 1 dep.	\$2,069.36	\$1,547.11	\$522.25
Retiree & 2+ deps.	\$2,690.16	\$2,007.15	\$683.01
Supplement/Managed Medicare (SM)			
Retiree only	\$888.68	\$709.59	\$179.09
Retiree & 1 dep.	\$1,777.36	\$1,420.00	\$357.36
Retiree & 2+ deps.	\$2,252.16	\$1,800.91	\$451.25
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,923.36	\$1,524.06	\$399.30
Retiree (SM), 2+ dep. (B)	\$2,544.16	\$1,984.10	\$560.06
Retiree & 1 dep. (SM) , 1 dep. (B)	\$2,398.16	\$1,923.86	\$474.30
Retiree (B) , 1 dep. (SM)	\$1,923.36	\$1,524.06	\$399.30
Retiree (B) , 2+ deps. (SM)	\$2,398.16	\$1,923.86	\$474.30
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$2,544.16	\$1,984.10	\$560.06
KAISER PERMANENTE			
Basic(B)			
Retiree only	\$768.25	\$621.63	\$146.62
Retiree & 1 dep.	\$1,536.50	\$1,243.27	\$293.23
Retiree & 2+ deps.	\$1,997.45	\$1,616.26	\$381.19
Supplement/Managed Medicare (SM)			
Retiree only	\$323.74	\$306.05	\$17.69
Retiree & 1 dep.	\$647.48	\$612.10	\$35.38
Retiree & 2+ deps.	\$971.22	\$918.16	\$53.06
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,091.99	\$1,024.49	\$67.50
Retiree (SM), 2+ dep. (B)	\$1,552.94	\$1,455.55	\$97.39
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,108.43	\$1,043.17	\$65.26
Retiree (B) , 1 dep. (SM)	\$1,091.99	\$1,024.49	\$67.50
Retiree (B) , 2+ deps. (SM)	\$1,415.73	\$1,330.54	\$85.19
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,552.94	\$1,455.55	\$97.39

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS CHOICE			
Basic(B)			
Retiree only	\$866.27	\$671.44	\$194.83
Retiree & 1 dep.	\$1,732.54	\$1,342.89	\$389.65
Retiree & 2+ deps.	\$2,252.30	\$1,745.76	\$506.54
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,226.68	\$1,109.72	\$116.96
Retiree (SM), 2+ dep. (B)	\$1,746.44	\$1,569.71	\$176.73
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,240.58	\$1,146.13	\$94.45
Retiree (B) , 1 dep. (SM)	\$1,226.68	\$1,109.72	\$116.96
Retiree (B) , 2+ deps. (SM)	\$1,587.09	\$1,452.79	\$134.30
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,746.44	\$1,569.71	\$176.73
PERS SELECT			
Basic(B)			
Retiree only	\$543.19	\$515.19	\$28.00
Retiree & 1 dep.	\$1,086.38	\$1,030.38	\$56.00
Retiree & 2+ deps.	\$1,412.29	\$1,339.50	\$72.79
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$903.60	\$858.26	\$45.34
Retiree (SM), 2+ dep. (B)	\$1,229.51	\$1,167.38	\$62.13
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,046.73	\$995.26	\$51.47
Retiree (B) , 1 dep. (SM)	\$903.60	\$858.26	\$45.34
Retiree (B) , 2+ deps. (SM)	\$1,264.01	\$1,201.34	\$62.67
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,229.51	\$1,167.38	\$62.13

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS CARE			
Basic(B)			
Retiree only	\$1,131.68	\$596.11	\$535.57
Retiree & 1 dep.	\$2,263.36	\$1,192.22	\$1,071.14
Retiree & 2+ deps.	\$2,942.37	\$1,549.89	\$1,392.48
Supplement/Managed Medicare (SM)			
Retiree only	\$394.83	\$382.62	\$12.21
Retiree & 1 dep.	\$789.66	\$765.25	\$24.41
Retiree & 2+ deps.	\$1,184.49	\$1,147.88	\$36.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,526.51	\$1,180.14	\$346.37
Retiree (SM), 2+ dep. (B)	\$2,205.52	\$1,537.81	\$667.71
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,468.67	\$1,429.69	\$38.98
Retiree (B) , 1 dep. (SM)	\$1,526.51	\$1,180.14	\$346.37
Retiree (B) , 2+ deps. (SM)	\$1,921.34	\$1,535.44	\$385.90
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$2,205.52	\$1,537.81	\$667.71
PORAC			
Basic(B)			
Retiree only	\$774.00	\$668.32	\$105.68
Retiree & 1 dep.	\$1,623.00	\$1,355.49	\$267.51
Retiree & 2+ deps.	\$2,076.00	\$1,728.99	\$347.01
Supplement/Managed Medicare (SM)			
Retiree only	\$513.00	\$465.49	\$47.51
Retiree & 1 dep.	\$1,022.00	\$927.49	\$94.51
Retiree & 2+ deps.	\$1,635.00	\$1,482.99	\$152.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,362.00	\$1,143.49	\$218.51
Retiree (SM), 2+ dep. (B)	\$1,815.00	\$1,516.99	\$298.01
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,475.00	\$1,300.99	\$174.01
Retiree (B) , 1 dep. (SM)	\$1,283.00	\$1,139.49	\$143.51
Retiree (B) , 2+ deps. (SM)	\$1,896.00	\$1,687.75	\$208.25
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,736.00	\$1,512.99	\$223.01

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
UNITED HEALTH CARE			
Supplement/Managed Medicare (SM)			
Retiree only	\$299.37	\$246.34	\$53.03
Retiree & 1 dep.	\$598.74	\$492.69	\$106.05
Retiree & 2+ deps.	\$898.11	\$739.04	\$159.07
WESTERN HEALTH ADVANTAGE			
Basic(B)			
Retiree only	\$767.01	\$571.82	\$195.19
Retiree & 1 dep.	\$1,534.02	\$1,143.65	\$390.37
Retiree & 2+ deps.	\$1,994.23	\$1,486.75	\$507.48

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
ANTHEM SELECT			
Basic(B)			
Retiree only	\$946.14	\$703.85	\$242.29
Retiree & 1 dep.	\$1,892.28	\$1,407.69	\$484.59
Retiree & 2+ deps.	\$2,459.96	\$1,830.00	\$629.96
ANTHEM TRADITIONAL			
Basic(B)			
Retiree only	\$1,178.79	\$775.09	\$403.70
Retiree & 1 dep.	\$2,357.58	\$1,550.18	\$807.40
Retiree & 2+ deps.	\$3,064.85	\$2,015.24	\$1,049.61
Supplement/Managed Medicare (SM)			
Retiree only	\$357.44	\$319.60	\$37.84
Retiree & 1 dep.	\$714.88	\$639.20	\$75.68
Retiree & 2+ deps.	\$1,072.32	\$958.81	\$113.51
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,536.23	\$1,181.62	\$354.61
Retiree (SM), 2+ dep. (B)	\$2,243.50	\$1,698.83	\$544.67
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,422.15	\$1,156.41	\$265.74
Retiree (B) , 1 dep. (SM)	\$1,536.23	\$1,181.62	\$354.61
Retiree (B) , 2+ deps. (SM)	\$1,893.67	\$1,501.22	\$392.45
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$2,243.50	\$1,698.83	\$544.67
BLUE SHIELD			
Basic(B)			
Retiree only	\$881.01	\$660.95	\$220.06
Retiree & 1 dep.	\$1,762.02	\$1,321.91	\$440.11
Retiree & 2+ deps.	\$2,290.63	\$1,718.49	\$572.14

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
KAISER PERMANENTE			
Basic(B)			
Retiree only	\$687.99	\$609.11	\$78.88
Retiree & 1 dep.	\$1,375.98	\$1,218.22	\$157.76
Retiree & 2+ deps.	\$1,788.77	\$1,583.69	\$205.08
Supplement/Managed Medicare (SM)			
Retiree only	\$323.74	\$306.05	\$17.69
Retiree & 1 dep.	\$647.48	\$612.10	\$35.38
Retiree & 2+ deps.	\$971.22	\$918.16	\$53.06
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,011.73	\$956.75	\$54.98
Retiree (SM), 2+ dep. (B)	\$1,424.52	\$1,347.17	\$77.35
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,060.27	\$1,002.52	\$57.75
Retiree (B) , 1 dep. (SM)	\$1,011.73	\$956.75	\$54.98
Retiree (B) , 2+ deps. (SM)	\$1,335.47	\$1,262.81	\$72.66
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,424.52	\$1,347.17	\$77.35
PERS CHOICE			
Basic(B)			
Retiree only	\$798.58	\$660.87	\$137.71
Retiree & 1 dep.	\$1,597.16	\$1,321.74	\$275.42
Retiree & 2+ deps.	\$2,076.31	\$1,718.27	\$358.04
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,158.99	\$1,052.60	\$106.39
Retiree (SM), 2+ dep. (B)	\$1,638.14	\$1,478.32	\$159.82
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,199.97	\$1,111.86	\$88.11
Retiree (B) , 1 dep. (SM)	\$1,158.99	\$1,052.60	\$106.39
Retiree (B) , 2+ deps. (SM)	\$1,519.40	\$1,395.68	\$123.72
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,638.14	\$1,478.32	\$159.82

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS SELECT			
Basic(B)			
Retiree only	\$508.68	\$480.94	\$27.74
Retiree & 1 dep.	\$1,017.36	\$961.88	\$55.48
Retiree & 2+ deps.	\$1,322.57	\$1,250.45	\$72.12
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$869.09	\$824.01	\$45.08
Retiree (SM), 2+ dep. (B)	\$1,174.30	\$1,112.58	\$61.72
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,026.03	\$974.71	\$51.32
Retiree (B) , 1 dep. (SM)	\$869.09	\$824.01	\$45.08
Retiree (B) , 2+ deps. (SM)	\$1,229.50	\$1,167.09	\$62.41
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,174.30	\$1,112.58	\$61.72
PERS CARE			
Basic(B)			
Retiree only	\$1,027.99	\$582.05	\$445.94
Retiree & 1 dep.	\$2,055.98	\$1,164.10	\$891.88
Retiree & 2+ deps.	\$2,672.77	\$1,513.34	\$1,159.43
Supplement/Managed Medicare (SM)			
Retiree only	\$394.83	\$382.62	\$12.21
Retiree & 1 dep.	\$789.66	\$765.25	\$24.41
Retiree & 2+ deps.	\$1,184.49	\$1,147.88	\$36.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,422.82	\$1,166.08	\$256.74
Retiree (SM), 2+ dep. (B)	\$2,039.61	\$1,515.31	\$524.30
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,406.45	\$1,375.91	\$30.54
Retiree (B) , 1 dep. (SM)	\$1,422.82	\$1,166.08	\$256.74
Retiree (B) , 2+ deps. (SM)	\$1,817.65	\$1,521.38	\$296.27
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$2,039.61	\$1,515.31	\$524.30

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PORAC			
Basic(B)			
Retiree only	\$774.00	\$668.32	\$105.68
Retiree & 1 dep.	\$1,623.00	\$1,355.49	\$267.51
Retiree & 2+ deps.	\$2,076.00	\$1,728.99	\$347.01
Supplement/Managed Medicare (SM)			
Retiree only	\$513.00	\$465.49	\$47.51
Retiree & 1 dep.	\$1,022.00	\$927.49	\$94.51
Retiree & 2+ deps.	\$1,635.00	\$1,482.99	\$152.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,362.00	\$1,143.49	\$218.51
Retiree (SM), 2+ dep. (B)	\$1,815.00	\$1,516.99	\$298.01
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,475.00	\$1,300.99	\$174.01
Retiree (B) , 1 dep. (SM)	\$1,283.00	\$1,139.49	\$143.51
Retiree (B) , 2+ deps. (SM)	\$1,896.00	\$1,687.75	\$208.25
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,736.00	\$1,512.99	\$223.01
UNITED HEALTH CARE			
Basic(B)			
Retiree only	\$928.85	\$748.67	\$180.18
Retiree & 1 dep.	\$1,857.70	\$1,497.33	\$360.37
Retiree & 2+ deps.	\$2,415.01	\$1,946.54	\$468.47
Supplement/Managed Medicare (SM)			
Retiree only	\$299.37	\$246.34	\$53.03
Retiree & 1 dep.	\$598.74	\$492.69	\$106.05
Retiree & 2+ deps.	\$898.11	\$739.04	\$159.07
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,228.22	\$1,032.44	\$195.78
Retiree (SM), 2+ dep. (B)	\$1,785.53	\$1,504.09	\$281.44
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,156.05	\$964.35	\$191.70
Retiree (B) , 1 dep. (SM)	\$1,228.22	\$1,032.44	\$195.78
Retiree (B) , 2+ deps. (SM)	\$1,527.59	\$1,278.79	\$248.80
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,785.53	\$1,504.09	\$281.44
WESTERN HEALTH ADVANTAGE			
Basic(B)			
Retiree only	\$696.68	\$571.82	\$124.86
Retiree & 1 dep.	\$1,393.36	\$1,143.65	\$249.71
Retiree & 2+ deps.	\$1,811.37	\$1,486.75	\$324.62

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	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
ANTHEM SELECT			
Basic(B)			
Retiree only	\$592.23	\$592.22	\$0.01
Retiree & 1 dep.	\$1,184.46	\$1,184.45	\$0.01
Retiree & 2+ deps.	\$1,539.80	\$1,539.79	\$0.01
ANTHEM EPO DEL NORTE			
Basic(B)			
Retiree only	\$866.95	\$699.91	\$167.04
Retiree & 1 dep.	\$1,733.90	\$1,399.82	\$334.08
Retiree & 2+ deps.	\$2,254.07	\$1,819.77	\$434.30
ANTHEM TRADITIONAL			
Basic(B)			
Retiree only	\$1,334.38	\$892.14	\$442.24
Retiree & 1 dep.	\$2,668.76	\$1,784.29	\$884.47
Retiree & 2+ deps.	\$3,469.39	\$2,319.59	\$1,149.80
Supplement/Managed Medicare (SM)			
Retiree only	\$357.44	\$322.90	\$34.54
Retiree & 1 dep.	\$714.88	\$645.80	\$69.08
Retiree & 2+ deps.	\$1,072.32	\$968.71	\$103.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,691.82	\$1,325.93	\$365.89
Retiree (SM), 2+ dep. (B)	\$2,492.45	\$1,927.75	\$564.70
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,515.51	\$1,247.62	\$267.89
Retiree (B) , 1 dep. (SM)	\$1,691.82	\$1,325.93	\$365.89
Retiree (B) , 2+ deps. (SM)	\$2,049.26	\$1,648.83	\$400.43
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$2,492.45	\$1,927.75	\$564.70

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
BLUE SHIELD ACCESS+			
Basic(B)			
Retiree only	\$976.81	\$671.46	\$305.35
Retiree & 1 dep.	\$1,953.62	\$1,342.93	\$610.69
Retiree & 2+ deps.	\$2,539.71	\$1,745.82	\$793.89
BLUE SHIELD ACCESS+ EPO			
Basic(B)			
Retiree only	\$976.81	\$671.46	\$305.35
Retiree & 1 dep.	\$1,953.62	\$1,342.93	\$610.69
Retiree & 2+ deps.	\$2,539.71	\$1,745.82	\$793.89
KAISER PERMANENTE			
Basic(B)			
Retiree only	\$783.13	\$627.55	\$155.58
Retiree & 1 dep.	\$1,566.26	\$1,255.10	\$311.16
Retiree & 2+ deps.	\$2,036.14	\$1,631.64	\$404.50
Supplement/Managed Medicare (SM)			
Retiree only	\$323.74	\$306.05	\$17.69
Retiree & 1 dep.	\$647.48	\$612.10	\$35.38
Retiree & 2+ deps.	\$971.22	\$918.16	\$53.06
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,106.87	\$1,033.45	\$73.42
Retiree (SM), 2+ dep. (B)	\$1,576.75	\$1,469.90	\$106.85
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,117.36	\$1,048.55	\$68.81
Retiree (B) , 1 dep. (SM)	\$1,106.87	\$1,033.45	\$73.42
Retiree (B) , 2+ deps. (SM)	\$1,430.61	\$1,339.51	\$91.10
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,576.75	\$1,469.90	\$106.85

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS CHOICE			
Basic(B)			
Retiree only	\$866.95	\$680.41	\$186.54
Retiree & 1 dep.	\$1,733.90	\$1,360.82	\$373.08
Retiree & 2+ deps.	\$2,254.07	\$1,769.07	\$485.00
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,227.36	\$1,101.43	\$125.93
Retiree (SM), 2+ dep. (B)	\$1,747.53	\$1,556.45	\$191.08
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,240.99	\$1,141.16	\$99.83
Retiree (B) , 1 dep. (SM)	\$1,227.36	\$1,101.43	\$125.93
Retiree (B) , 2+ deps. (SM)	\$1,587.77	\$1,444.51	\$143.26
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,747.53	\$1,556.45	\$191.08
PERS SELECT			
Basic(B)			
Retiree only	\$511.34	\$492.97	\$18.37
Retiree & 1 dep.	\$1,022.68	\$985.94	\$36.74
Retiree & 2+ deps.	\$1,329.48	\$1,281.73	\$47.75
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$871.75	\$836.04	\$35.71
Retiree (SM), 2+ dep. (B)	\$1,178.55	\$1,131.83	\$46.72
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,027.62	\$981.93	\$45.69
Retiree (B) , 1 dep. (SM)	\$871.75	\$836.04	\$35.71
Retiree (B) , 2+ deps. (SM)	\$1,232.16	\$1,179.12	\$53.04
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,178.55	\$1,131.83	\$46.72

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS CARE			
Basic(B)			
Retiree only	\$1,085.83	\$587.19	\$498.64
Retiree & 1 dep.	\$2,171.66	\$1,174.38	\$997.28
Retiree & 2+ deps.	\$2,823.16	\$1,526.70	\$1,296.46
Supplement/Managed Medicare (SM)			
Retiree only	\$394.83	\$382.62	\$12.21
Retiree & 1 dep.	\$789.66	\$765.25	\$24.41
Retiree & 2+ deps.	\$1,184.49	\$1,147.88	\$36.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,480.66	\$1,171.22	\$309.44
Retiree (SM), 2+ dep. (B)	\$2,132.16	\$1,523.54	\$608.62
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,441.16	\$1,407.53	\$33.63
Retiree (B) , 1 dep. (SM)	\$1,480.66	\$1,171.22	\$309.44
Retiree (B) , 2+ deps. (SM)	\$1,875.49	\$1,526.52	\$348.97
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$2,132.16	\$1,523.54	\$608.62
PORAC			
Basic(B)			
Retiree only	\$774.00	\$668.32	\$105.68
Retiree & 1 dep.	\$1,623.00	\$1,355.49	\$267.51
Retiree & 2+ deps.	\$2,076.00	\$1,728.99	\$347.01
Supplement/Managed Medicare (SM)			
Retiree only	\$513.00	\$465.49	\$47.51
Retiree & 1 dep.	\$1,022.00	\$927.49	\$94.51
Retiree & 2+ deps.	\$1,635.00	\$1,482.99	\$152.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,362.00	\$1,143.49	\$218.51
Retiree (SM), 2+ dep. (B)	\$1,815.00	\$1,516.99	\$298.01
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,475.00	\$1,300.99	\$174.01
Retiree (B) , 1 dep. (SM)	\$1,283.00	\$1,139.49	\$143.51
Retiree (B) , 2+ deps. (SM)	\$1,896.00	\$1,687.75	\$208.25
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,736.00	\$1,512.99	\$223.01

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
UNITED HEALTH CARE			
Supplement/Managed Medicare (SM)			
Retiree only	\$299.37	\$246.34	\$53.03
Retiree & 1 dep.	\$598.74	\$492.69	\$106.05
Retiree & 2+ deps.	\$898.11	\$739.04	\$159.07
WESTERN HEALTH ADVANTAGE			
Basic(B)			
Retiree only	\$696.68	\$571.82	\$124.86
Retiree & 1 dep.	\$1,393.36	\$1,143.65	\$249.71
Retiree & 2+ deps.	\$1,811.37	\$1,486.75	\$324.62

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
ANTHEM SELECT			
Basic(B)			
Retiree only	\$627.07	\$551.46	\$75.61
Retiree & 1 dep.	\$1,254.14	\$1,102.92	\$151.22
Retiree & 2+ deps.	\$1,630.38	\$1,433.80	\$196.58
ANTHEM TRADITIONAL			
Basic(B)			
Retiree only	\$878.48	\$686.45	\$192.03
Retiree & 1 dep.	\$1,756.96	\$1,372.90	\$384.06
Retiree & 2+ deps.	\$2,284.05	\$1,784.78	\$499.27
Supplement/Managed Medicare (SM)			
Retiree only	\$357.44	\$322.90	\$34.54
Retiree & 1 dep.	\$714.88	\$645.80	\$69.08
Retiree & 2+ deps.	\$1,072.32	\$968.71	\$103.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,235.92	\$1,013.34	\$222.58
Retiree (SM), 2+ dep. (B)	\$1,763.01	\$1,427.60	\$335.41
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,241.97	\$1,060.07	\$181.90
Retiree (B) , 1 dep. (SM)	\$1,235.92	\$1,013.34	\$222.58
Retiree (B) , 2+ deps. (SM)	\$1,593.36	\$1,336.24	\$257.12
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,763.01	\$1,427.60	\$335.41
BLUE SHIELD & BLUE SHIELD ADVANTAGE			
Basic(B)			
Retiree only	\$669.75	\$600.24	\$69.51
Retiree & 1 dep.	\$1,339.50	\$1,200.49	\$139.01
Retiree & 2+ deps.	\$1,741.35	\$1,560.64	\$180.71
HEALTH NET SALUD Y MAS			
Basic(B)			
Retiree only	\$356.50	\$356.49	\$0.01
Retiree & 1 dep.	\$713.00	\$712.99	\$0.01
Retiree & 2+ deps.	\$926.90	\$926.89	\$0.01

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
HEALTH NET SMARTCARE			
Basic(B)			
Retiree only	\$584.27	\$542.87	\$41.40
Retiree & 1 dep.	\$1,168.54	\$1,085.74	\$82.80
Retiree & 2+ deps.	\$1,519.10	\$1,411.47	\$107.63
KAISER PERMANENTE			
Basic(B)			
Retiree only	\$618.64	\$560.51	\$58.13
Retiree & 1 dep.	\$1,237.28	\$1,121.03	\$116.25
Retiree & 2+ deps.	\$1,608.46	\$1,457.34	\$151.12
Supplement/Managed Medicare (SM)			
Retiree only	\$323.74	\$306.05	\$17.69
Retiree & 1 dep.	\$647.48	\$612.10	\$35.38
Retiree & 2+ deps.	\$971.22	\$918.16	\$53.06
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$942.38	\$866.57	\$75.81
Retiree (SM), 2+ dep. (B)	\$1,313.56	\$1,202.88	\$110.68
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,018.66	\$948.41	\$70.25
Retiree (B) , 1 dep. (SM)	\$942.38	\$866.57	\$75.81
Retiree (B) , 2+ deps. (SM)	\$1,266.12	\$1,172.62	\$93.50
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,313.56	\$1,202.88	\$110.68

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS CHOICE			
Basic(B)			
Retiree only	\$654.50	\$605.34	\$49.16
Retiree & 1 dep.	\$1,309.00	\$1,210.69	\$98.31
Retiree & 2+ deps.	\$1,701.70	\$1,573.90	\$127.80
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,014.91	\$964.05	\$50.86
Retiree (SM), 2+ dep. (B)	\$1,407.61	\$1,336.64	\$70.97
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,113.52	\$1,058.73	\$54.79
Retiree (B) , 1 dep. (SM)	\$1,014.91	\$964.05	\$50.86
Retiree (B) , 2+ deps. (SM)	\$1,375.32	\$1,307.12	\$68.20
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,407.61	\$1,336.64	\$70.97
PERS SELECT			
Basic(B)			
Retiree only	\$420.77	\$420.76	\$0.01
Retiree & 1 dep.	\$841.54	\$841.53	\$0.01
Retiree & 2+ deps.	\$1,094.00	\$1,093.99	\$0.01
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$781.18	\$767.99	\$13.19
Retiree (SM), 2+ dep. (B)	\$1,033.64	\$1,022.95	\$10.69
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$973.28	\$941.10	\$32.18
Retiree (B) , 1 dep. (SM)	\$781.18	\$767.99	\$13.19
Retiree (B) , 2+ deps. (SM)	\$1,141.59	\$1,111.07	\$30.52
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,033.64	\$1,022.95	\$10.69

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS CARE			
Basic(B)			
Retiree only	\$843.78	\$571.82	\$271.96
Retiree & 1 dep.	\$1,687.56	\$1,143.65	\$543.91
Retiree & 2+ deps.	\$2,193.83	\$1,486.75	\$707.08
Supplement/Managed Medicare (SM)			
Retiree only	\$394.83	\$382.62	\$12.21
Retiree & 1 dep.	\$789.66	\$765.25	\$24.41
Retiree & 2+ deps.	\$1,184.49	\$1,147.88	\$36.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,238.61	\$1,143.65	\$94.96
Retiree (SM), 2+ dep. (B)	\$1,744.88	\$1,486.75	\$258.13
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,295.93	\$1,295.92	\$0.01
Retiree (B) , 1 dep. (SM)	\$1,238.61	\$1,143.65	\$94.96
Retiree (B) , 2+ deps. (SM)	\$1,633.44	\$1,486.75	\$146.69
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,744.88	\$1,486.75	\$258.13
PORAC			
Basic(B)			
Retiree only	\$774.00	\$668.32	\$105.68
Retiree & 1 dep.	\$1,623.00	\$1,355.49	\$267.51
Retiree & 2+ deps.	\$2,076.00	\$1,728.99	\$347.01
Supplement/Managed Medicare (SM)			
Retiree only	\$513.00	\$465.49	\$47.51
Retiree & 1 dep.	\$1,022.00	\$927.49	\$94.51
Retiree & 2+ deps.	\$1,635.00	\$1,482.99	\$152.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,362.00	\$1,143.49	\$218.51
Retiree (SM), 2+ dep. (B)	\$1,815.00	\$1,516.99	\$298.01
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,475.00	\$1,300.99	\$174.01
Retiree (B) , 1 dep. (SM)	\$1,283.00	\$1,139.49	\$143.51
Retiree (B) , 2+ deps. (SM)	\$1,896.00	\$1,687.75	\$208.25
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,736.00	\$1,512.99	\$223.01

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
UNITED HEALTH CARE			
Basic(B)			
Retiree only	\$669.61	\$578.68	\$90.93
Retiree & 1 dep.	\$1,339.22	\$1,157.36	\$181.86
Retiree & 2+ deps.	\$1,740.99	\$1,504.58	\$236.41
Supplement/Managed Medicare (SM)			
Retiree only	\$299.37	\$245.34	\$54.03
Retiree & 1 dep.	\$598.74	\$492.69	\$106.05
Retiree & 2+ deps.	\$898.11	\$739.04	\$159.07
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$968.98	\$825.03	\$143.95
Retiree (SM), 2+ dep. (B)	\$1,370.75	\$1,172.24	\$198.51
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,000.51	\$839.91	\$160.60
Retiree (B) , 1 dep. (SM)	\$968.98	\$825.03	\$143.95
Retiree (B) , 2+ deps. (SM)	\$1,268.35	\$1,071.38	\$196.97
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,370.75	\$1,172.24	\$198.51

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
ANTHEM SELECT			
Basic(B)			
Retiree only	\$625.07	\$581.02	\$44.05
Retiree & 1 dep.	\$1,250.14	\$1,162.05	\$88.09
Retiree & 2+ deps.	\$1,625.18	\$1,510.67	\$114.51
ANTHEM TRADITIONAL			
Basic(B)			
Retiree only	\$830.89	\$700.21	\$130.68
Retiree & 1 dep.	\$1,661.78	\$1,400.42	\$261.36
Retiree & 2+ deps.	\$2,160.31	\$1,820.55	\$339.76
BLUE SHIELD & BLUE SHIELD ADVANTAGE			
Basic(B)			
Retiree only	\$760.04	\$629.88	\$130.16
Retiree & 1 dep.	\$1,520.08	\$1,259.76	\$260.32
Retiree & 2+ deps.	\$1,976.10	\$1,637.69	\$338.41
HEALTH NET SALUD Y MAS			
Basic(B)			
Retiree only	\$427.81	\$427.80	\$0.01
Retiree & 1 dep.	\$855.62	\$855.61	\$0.01
Retiree & 2+ deps.	\$1,112.31	\$1,112.30	\$0.01
HEALTH NET SMARTCARE			
Basic(B)			
Retiree only	\$642.71	\$605.60	\$37.11
Retiree & 1 dep.	\$1,285.42	\$1,211.21	\$74.21
Retiree & 2+ deps.	\$1,671.05	\$1,574.58	\$96.47

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
KAISER PERMANENTE			
Basic(B)			
Retiree only	\$628.63	\$593.78	\$34.85
Retiree & 1 dep.	\$1,257.26	\$1,187.57	\$69.69
Retiree & 2+ deps.	\$1,634.44	\$1,543.85	\$90.59
Supplement/Managed Medicare (SM)			
Retiree only	\$323.74	\$306.05	\$17.69
Retiree & 1 dep.	\$647.48	\$612.10	\$35.38
Retiree & 2+ deps.	\$971.22	\$918.16	\$53.06
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$952.37	\$899.84	\$52.53
Retiree (SM), 2+ dep. (B)	\$1,329.55	\$1,256.11	\$73.44
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,024.66	\$968.38	\$56.28
Retiree (B) , 1 dep. (SM)	\$952.37	\$899.84	\$52.53
Retiree (B) , 2+ deps. (SM)	\$1,276.11	\$1,205.89	\$70.22
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,329.55	\$1,256.11	\$73.44
PERS CHOICE			
Basic(B)			
Retiree only	\$721.11	\$626.73	\$94.38
Retiree & 1 dep.	\$1,442.22	\$1,253.46	\$188.76
Retiree & 2+ deps.	\$1,874.89	\$1,629.51	\$245.38
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,081.52	\$1,009.27	\$72.25
Retiree (SM), 2+ dep. (B)	\$1,514.19	\$1,409.00	\$105.19
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,153.49	\$1,085.87	\$67.62
Retiree (B) , 1 dep. (SM)	\$1,081.52	\$1,009.27	\$72.25
Retiree (B) , 2+ deps. (SM)	\$1,441.93	\$1,352.35	\$89.58
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,514.19	\$1,409.00	\$105.19

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS SELECT			
Basic(B)			
Retiree only	\$462.71	\$454.59	\$8.12
Retiree & 1 dep.	\$925.42	\$909.19	\$16.23
Retiree & 2+ deps.	\$1,203.05	\$1,181.95	\$21.10
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$823.12	\$797.67	\$25.45
Retiree (SM), 2+ dep. (B)	\$1,100.75	\$1,070.43	\$30.32
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$998.45	\$958.90	\$39.55
Retiree (B) , 1 dep. (SM)	\$823.12	\$797.67	\$25.45
Retiree (B) , 2+ deps. (SM)	\$1,183.53	\$1,140.74	\$42.79
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,100.75	\$1,070.43	\$30.32
PERS CARE			
Basic(B)			
Retiree only	\$907.29	\$571.82	\$335.47
Retiree & 1 dep.	\$1,814.58	\$1,143.65	\$670.93
Retiree & 2+ deps.	\$2,358.95	\$1,486.75	\$872.20
Supplement/Managed Medicare (SM)			
Retiree only	\$394.83	\$382.62	\$12.21
Retiree & 1 dep.	\$789.66	\$765.25	\$24.41
Retiree & 2+ deps.	\$1,184.49	\$1,147.88	\$36.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,302.12	\$1,143.65	\$158.47
Retiree (SM), 2+ dep. (B)	\$1,846.49	\$1,486.75	\$359.74
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,334.03	\$1,334.02	\$0.01
Retiree (B) , 1 dep. (SM)	\$1,302.12	\$1,143.65	\$158.47
Retiree (B) , 2+ deps. (SM)	\$1,696.95	\$1,486.75	\$210.20
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,846.49	\$1,486.75	\$359.74

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PORAC			
Basic(B)			
Retiree only	\$774.00	\$668.32	\$105.68
Retiree & 1 dep.	\$1,623.00	\$1,355.49	\$267.51
Retiree & 2+ deps.	\$2,076.00	\$1,728.99	\$347.01
Supplement/Managed Medicare (SM)			
Retiree only	\$513.00	\$465.49	\$47.51
Retiree & 1 dep.	\$1,022.00	\$927.49	\$94.51
Retiree & 2+ deps.	\$1,635.00	\$1,482.99	\$152.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,362.00	\$1,143.49	\$218.51
Retiree (SM), 2+ dep. (B)	\$1,815.00	\$1,516.99	\$298.01
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,475.00	\$1,300.99	\$174.01
Retiree (B) , 1 dep. (SM)	\$1,283.00	\$1,139.49	\$143.51
Retiree (B) , 2+ deps. (SM)	\$1,896.00	\$1,687.75	\$208.25
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,736.00	\$1,512.99	\$223.01
SHARP			
Basic(B)			
Retiree only	\$593.66	\$566.12	\$27.54
Retiree & 1 dep.	\$1,187.32	\$1,132.24	\$55.08
Retiree & 2+ deps.	\$1,543.52	\$1,471.92	\$71.60
UNITED HEALTH CARE			
Basic(B)			
Retiree only	\$646.65	\$643.68	\$2.97
Retiree & 1 dep.	\$1,293.30	\$1,287.37	\$5.93
Retiree & 2+ deps.	\$1,681.29	\$1,673.58	\$7.71
Supplement/Managed Medicare (SM)			
Retiree only	\$299.37	\$246.34	\$53.03
Retiree & 1 dep.	\$598.74	\$492.69	\$106.05
Retiree & 2+ deps.	\$898.11	\$739.04	\$159.07
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$946.02	\$830.17	\$115.85
Retiree (SM), 2+ dep. (B)	\$1,334.01	\$1,180.47	\$153.54
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$986.73	\$842.99	\$143.74
Retiree (B) , 1 dep. (SM)	\$946.02	\$830.17	\$115.85
Retiree (B) , 2+ deps. (SM)	\$1,245.39	\$1,076.52	\$168.87
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,334.01	\$1,180.47	\$153.54

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
KAISER PERMANENTE OUT OF STATE			
Basic(B)			
Retiree only	\$964.68	\$615.93	\$348.75
Retiree & 1 dep.	\$1,929.36	\$1,231.87	\$697.49
Retiree & 2+ deps.	\$2,508.17	\$1,601.44	\$906.73
Supplement/Managed Medicare (SM)			
Retiree only	\$323.74	\$323.73	\$0.01
Retiree & 1 dep.	\$647.48	\$647.47	\$0.01
Retiree & 2+ deps.	\$971.22	\$971.21	\$0.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,288.42	\$1,163.69	\$124.73
Retiree (SM), 2+ dep. (B)	\$1,867.23	\$1,533.25	\$333.98
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,226.29	\$1,226.28	\$0.01
Retiree (B) , 1 dep. (SM)	\$1,288.42	\$1,163.69	\$124.73
Retiree (B) , 2+ deps. (SM)	\$1,612.16	\$1,486.75	\$125.41
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,867.23	\$1,533.25	\$333.98
PERS CHOICE			
Basic(B)			
Retiree only	\$630.41	\$571.82	\$58.59
Retiree & 1 dep.	\$1,260.82	\$1,143.65	\$117.17
Retiree & 2+ deps.	\$1,639.07	\$1,486.75	\$152.32
Supplement/Managed Medicare (SM)			
Retiree only	\$360.41	\$343.07	\$17.34
Retiree & 1 dep.	\$720.82	\$686.14	\$34.68
Retiree & 2+ deps.	\$1,081.23	\$1,029.22	\$52.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$990.82	\$990.81	\$0.01
Retiree (SM), 2+ dep. (B)	\$1,369.07	\$1,369.06	\$0.01
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,099.07	\$1,099.06	\$0.01
Retiree (B) , 1 dep. (SM)	\$990.82	\$990.81	\$0.01
Retiree (B) , 2+ deps. (SM)	\$1,351.23	\$1,351.22	\$0.01
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,369.07	\$1,369.06	\$0.01

DEDUCTIONS EFFECTIVE DECEMBER 1, 2018 - NOVEMBER 30, 2019

	2019 MONTHLY PREMIUM	2019 COUNTY SUBSIDY	2019 RETIREE/SURVIVOR CONTRIBUTION
PERS CARE			
Basic(B)			
Retiree only	\$813.47	\$571.82	\$241.65
Retiree & 1 dep.	\$1,626.94	\$1,143.65	\$483.29
Retiree & 2+ deps.	\$2,115.02	\$1,486.75	\$628.27
Supplement/Managed Medicare (SM)			
Retiree only	\$394.83	\$382.62	\$12.21
Retiree & 1 dep.	\$789.66	\$765.25	\$24.41
Retiree & 2+ deps.	\$1,184.49	\$1,147.88	\$36.61
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,208.30	\$1,143.65	\$64.65
Retiree (SM), 2+ dep. (B)	\$1,696.38	\$1,486.75	\$209.63
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,277.74	\$1,277.73	\$0.01
Retiree (B) , 1 dep. (SM)	\$1,208.30	\$1,208.29	\$0.01
Retiree (B) , 2+ deps. (SM)	\$1,603.13	\$1,486.75	\$116.38
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,696.38	\$1,486.75	\$209.63
PORAC			
Basic(B)			
Retiree only	\$774.00	\$668.32	\$105.68
Retiree & 1 dep.	\$1,623.00	\$1,355.49	\$267.51
Retiree & 2+ deps.	\$2,076.00	\$1,728.99	\$347.01
Supplement/Managed Medicare (SM)			
Retiree only	\$513.00	\$465.49	\$47.51
Retiree & 1 dep.	\$1,022.00	\$927.49	\$94.51
Retiree & 2+ deps.	\$1,635.00	\$1,482.99	\$152.01
Combination Basic (B) & (SM)			
Retiree (SM), 1 dep. (B)	\$1,362.00	\$1,143.49	\$218.51
Retiree (SM), 2+ dep. (B)	\$1,815.00	\$1,516.99	\$298.01
Retiree & 1 dep. (SM) , 1+ dep. (B)	\$1,475.00	\$1,300.99	\$174.01
Retiree (B) , 1 dep. (SM)	\$1,283.00	\$1,139.49	\$143.51
Retiree (B) , 2+ deps. (SM)	\$1,896.00	\$1,687.75	\$208.25
Retiree & 1 dep. (B) , 1+ dep. (SM)	\$1,736.00	\$1,512.99	\$223.01